

An underwater photograph of a swimming pool. The water is clear and blue. Several swimmers are visible, some with their arms raised, others in various swimming strokes. Lane lines are visible, creating a grid pattern across the pool. The lighting is bright, creating a shimmering effect on the water's surface.

Farmington Farms

DRY LAND

Thursday, 12/08

Farmington Farms

Farmington Farms will be offering Dry Land beginning 12/08, we will be offering six hour long classes, the session will end 01/12. Dry Land is a great way to help build and strengthen your body which helps in the water. Dry Land is being offered to 10 and up this season and the cost will be \$99.00 for the session. This is a great way to further your child's swimming experience. For more information please call Stephanie Calamari at 860-677-2489 or email at aquatics.fftac@gmail.com

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